

STANDARD QUALITY

GLOBAL CONNECTION









Bescherm de schutter

Doelen:



A PLAYER WHO JUMPS INTO THE AIR FROM A PLACE ON THE PLAYING COURT HAS THE RIGHT TO LAND:

1. AT THE SAME PLACE

- 2. ON ANOTHER PLACE on the playing court PROVIDED THAT:
 - a. this landing place AND
 - b. the direct path between the take-off and landing place

is not already occupied by an opponent AT THE TIME OF TAKE-OFF.

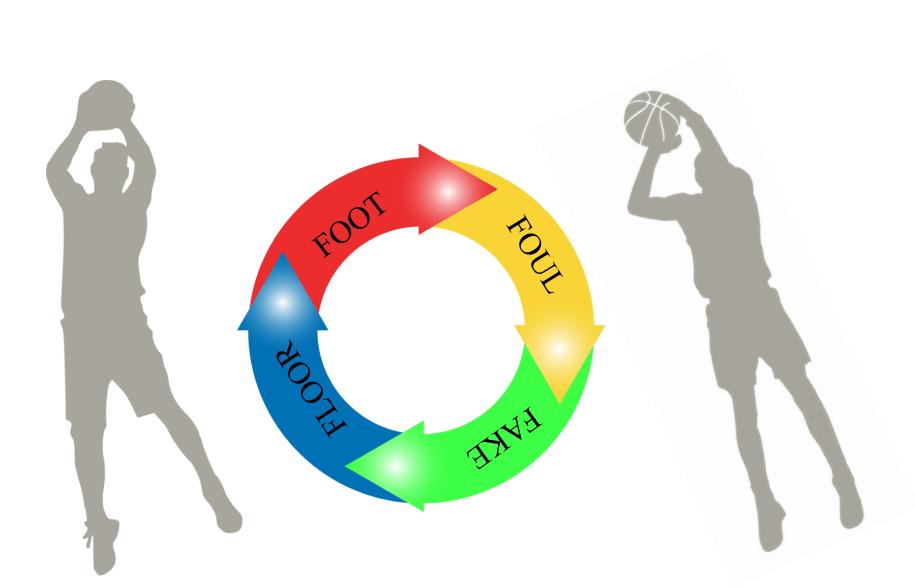






Weet je nog hoe de regel is











"uitgeschoven" been

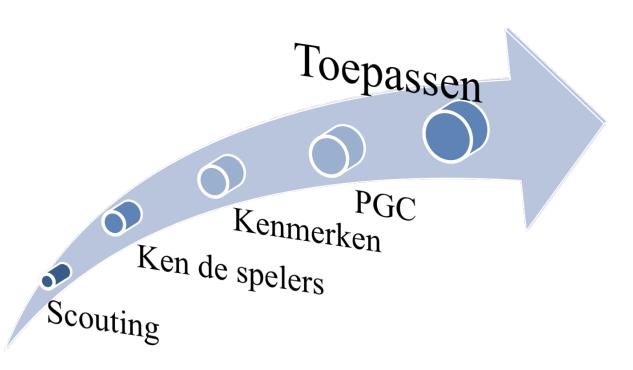
JUMPING naar een verdediger na een pump Fake









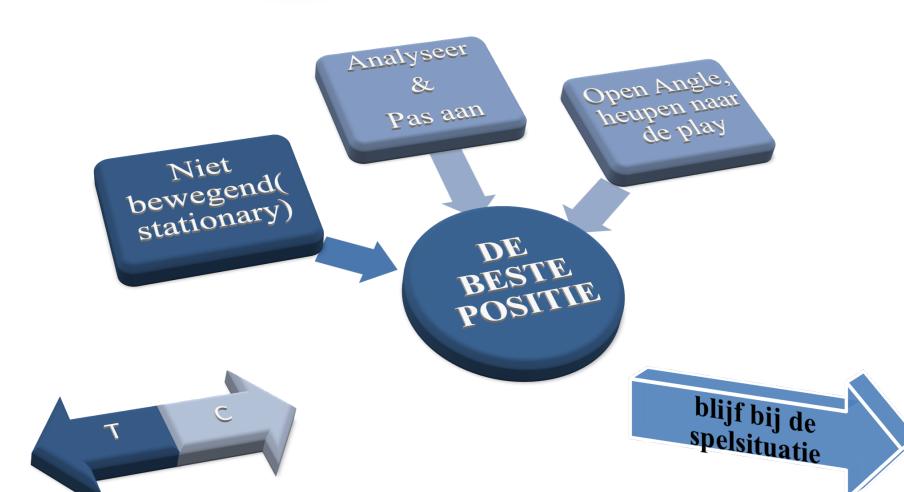


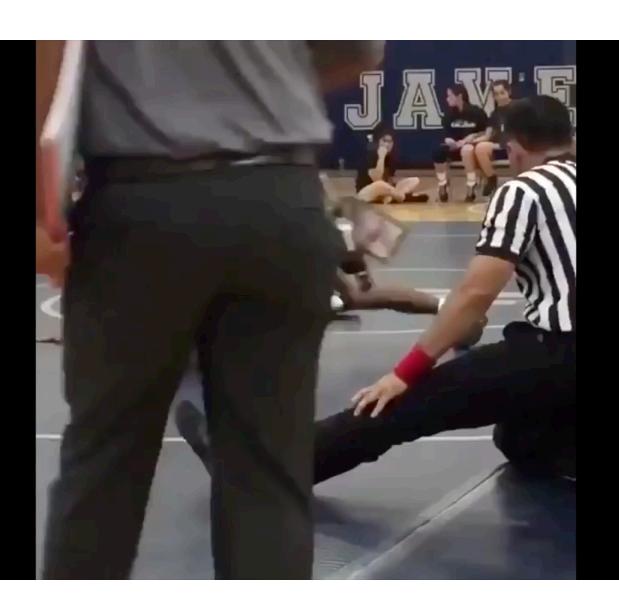


Bescherm de schutter IOT

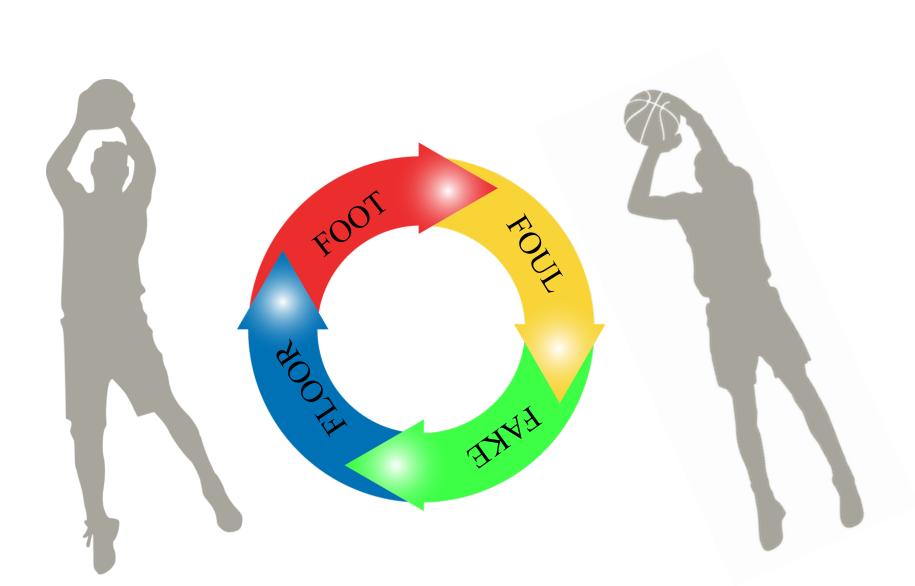








COVERAGE POSITION Be at the right spot Read the shot Anticipate the play Read the defense Make adjustments 1-2-3 (4 F's) Avoid straight lines Active mindset - Stay with the play

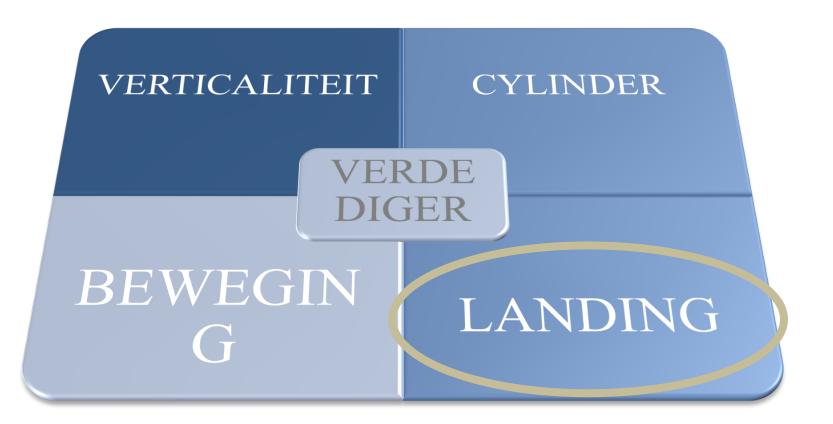












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YO UR



MENTA NBARE NG SITUATI E







OFFICIATING AME



Juiste beslissing "rechten" va Schutter SHOT Rechtvaardig Consistent









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GLOBAL CONNECTION

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